

WOUND CARE INSTRUCTIONS

A. Hassan, M.D.,F.A.C.S.

1. If you have a pressure dressing, it can be removed in the evening.
2. Use an ice pack on the area to reduce swelling.
3. DO NOT put your head down: it will increase bleeding.
4. You can change the Steri-Strip every day with a new Steri-Strip, or use Bacitracin on the incision with a Band-Aid.
5. The incision CAN get wet. Just make sure to pat it dry and apply a new dressing.
6. If you have any questions at all, you can call Dr. Hassan at 516-678-4451.